

# Enabling Agile Professionals & Project Managers with AI, AI Agents & Agentic AI

High-Level Workshop Synopsis (7 Hours)

## Workshop Intent

To enable Agile Professionals, and Project Managers to **understand, adopt, and responsibly work with modern AI systems**, moving from **using AI as a tool** to **collaborating with AI agents** and finally to **co-orchestrating agentic systems**, without losing human judgment, empathy, and accountability.

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## Conceptual Learning Journey

**AI → AI Agents → Agentic AI**

*(Capability → Collaboration → Autonomy)*

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## Hour 1 – Foundations: What “AI” Means Today for Agile & Project Professionals

### Concept Focus

#### AI as Cognitive Assistance

### Synopsis

Participants build a **shared mental model of AI** beyond hype:

- What AI *is* and *is not*
- Difference between automation, augmentation, and autonomy
- Generative AI vs analytical AI
- Why AI outputs are *probabilistic*, not deterministic

### Core Insight

AI provides **possibilities**, not **decisions**.

### Flavors for Roles

- **SM:** AI as reflection & facilitation assistant
- **PO:** AI as thinking partner for options & trade-offs
- **PM:** AI as pattern and signal detector

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## Hour 2 – AI Agents: From Tools to Digital Teammates

### Concept Focus

#### AI Agents as Goal-Driven Executors

### Synopsis

Introduction to **AI Agents**:

- What defines an AI agent (goal, context, memory, action)
- Difference between prompts and persistent agents
- Single-task vs role-based agents
- Human-in-the-loop collaboration

### Core Insight

AI Agents **act on behalf of humans**, but do not replace accountability.

### Flavors for Roles

- **SM Agent**: Ceremony prep, retro insight clustering
- **PO Agent**: Backlog refinement, story enhancement, value mapping
- **PM Agent**: Risk scanning, dependency mapping, status synthesis

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## Hour 3 – Agentic AI: Systems That Plan, Decide & Adapt

### Concept Focus

#### Agentic AI as Semi-Autonomous Systems

### Synopsis

Understanding **Agentic AI**:

- What makes AI *agentic* (planning, reasoning, iteration, learning)
- Multi-agent collaboration
- Feedback loops and self-correction
- Why governance becomes critical

### Core Insight

Agentic AI optimizes **execution**, humans safeguard **intent & ethics**.

## Flavors for Roles

- **SM:** Flow optimization suggestions, team health signals
  - **PO:** Continuous prioritization simulations
  - **PM:** Predictive delivery scenarios & risk forecasting
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## Hour 4 – Orchestrating AI: Human + Agent + Agentic Systems

### Concept Focus

#### Human-Centered Orchestration

#### Synopsis

- How humans work *with* multiple AI agents
- Role of judgment, empathy, and cultural context
- Decision checkpoints & override mechanisms
- Avoiding blind trust and over-delegation

#### Core Insight

The future role is not “user of AI” but **orchestrator of intelligence**.

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## Hour 5 – Responsible & Ethical Use of Agentic Systems

### Concept Focus

#### Trust, Bias & Cultural Sensitivity

#### Synopsis

- Bias amplification risks
- Cultural misinterpretation by AI
- Transparency with teams and stakeholders
- AI boundaries in people decisions, performance, and conflict

#### Core Insight

Ethics is not a compliance step — it is a **daily leadership behavior**.

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## Hour 6 – Role-Specific AI Enablement Models

## Concept Focus

### Role Augmentation, Not Role Replacement

#### Synopsis

Participants see **clear AI enablement boundaries**:

Role	What AI Does	What Human Owns
Scrum Master	Insights, patterns, suggestions	Coaching, facilitation, trust
Product Owner	Options, comparisons, simulations	Value judgment, user empathy
Project Manager	Forecasts, scenarios, alerts	Decisions, commitments

#### Core Insight

AI accelerates **thinking**, humans anchor **meaning**.

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## Hour 7 – Personal AI Enablement Blueprint

### Concept Focus

#### From Awareness to Intentional Adoption

#### Synopsis

Participants design:

- Their AI usage horizon (assistive → agent → agentic)
- What to delegate vs what to protect
- Human-in-the-loop checkpoints
- 30-day AI enablement experiment

#### Core Insight

Maturity is not how advanced your AI is —  
it's how consciously you use it.

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## Overall Learning Outcomes

Participants will:

- Understand **AI, AI Agents, and Agentic AI** clearly and practically
- Know how **each evolution impacts Agile & Project roles**
- Be able to **collaborate with agents responsibly**
- Avoid AI over-dependence and ethical pitfalls
- Transition from **task managers to intelligence orchestrators**

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## Why This Matters for Today's Professionals

This workshop enables you to:

- Stay **professionally relevant** in an agentic future
- Lead with **clarity, ethics, and cultural awareness**
- Use AI to **amplify human strengths**, not erase them
- Confidently guide teams through AI-driven change

## Key Highlighters – Enabling Agile Professionals & Project Managers with AI

1. AI Evolution Clarity
2. AI as Capability Amplifier, Not Replacement
3. Role-Specific AI Enablement
4. AI Agents as Digital Teammates
5. Agentic AI Awareness & Readiness
6. Human-Centered Orchestration
7. Responsible & Ethical AI Usage